

MDS VIP STAY

Spa Ultimate Escape 5h + Overnight (Optional)

Solo \$800 For Two \$1500

Treat yourself to the ultimate sanctuary secluded day spa. Start with a relaxing massage. Tailored to your specific needs, we will choose a suitable catered experience. Refreshment and breakfast included in your private villa. This VIP Stay package Includes;

Day spa signature massage 90 min, detox full body scrub and body wrap 90 min, Signature facial 90 min, Scalp massage 30 min

VIP ENTERTAINMENT

Enquire Within About Our Monthly Membership

GIFT VOUCHERS AVAILABLE

T&C's

Please refer to our website to view our Terms & Conditions
Free Parking available close to entrance

Secure Your Booking ☎ 08 6186 7878 | 0435 660 677

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🌐 www.moderndayspa.com.au

MODERN DAY SPA

Your Day Starts At Modern Day Spa

HIS & HERS SPA MENU

FACIALS

Renewal Facial 45min \$120

Looking for a quick pick-me-up? Our Modern Day Spa Renewal Facial is perfect for you! This 45 minute service uses Pelactiv AHA Lactic Peel to brighten and revitalize your skin. You'll leave feeling refreshed, with a radiant complexion.

Modern Day Spa Signature Facial 1h 30min \$250

This signature, ultra-restorative facial is tailored to your skins needs to hydrate, firm, revitalise, renew & boost collagen production while moisturising, soothing & hydrating the skin.

Optional LED Light Therapy 20min \$50

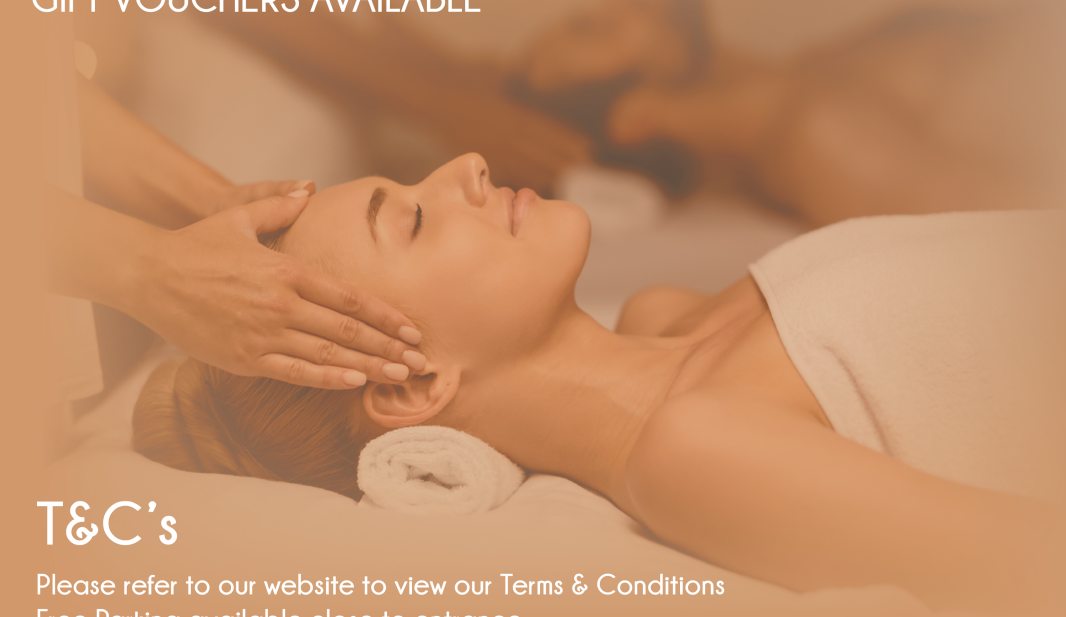
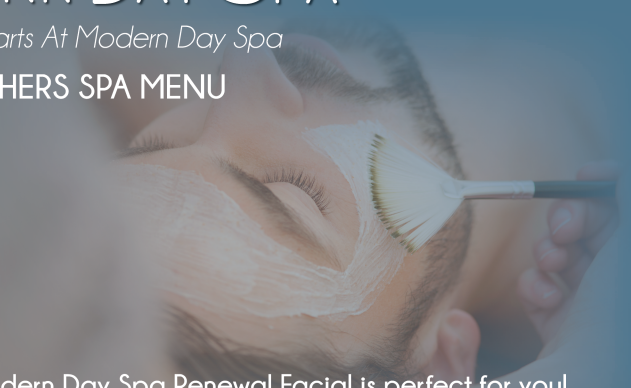
BODY

Detox Scrub & Body Wrap 1h 30min \$200

Our detox scrub and body wrap is perfect for anyone looking to refresh and rejuvenate their skin. The scrub is a blend of natural ingredients that help to remove dead skin cells and toxins, while the wrap helps to improve circulation and tighten the skin.

Modern Day Spa Bliss 3h \$550

Rejuvenate your skin tone & soothe the senses with our organic, exclusive products for a full body exfoliation. This 3hr blissful therapy is followed by a warm mineral body wrap to nurture & flush the body of accumulated toxins while you enjoy a relaxing scalp massage. After a refreshing shower, you will enjoy a blissful full hour massage of your choice. Refreshments are included in this package.



MASSAGE

Swedish Massage 45min \$120 1hr 15min \$165 1h 30min \$190

This is the ultimate journey to relaxation. Our spa therapists use light to medium pressure utilising rhythmic flowing movements. The 90 minute treatment allows for deeper relaxation and dedicated time to focus on specific areas.

Deep Tissue / Sports Massage 45min \$135 1hr 15min \$185 1h 30min \$220

A deep rhythmic massage focused on releasing muscle tension and mobilising fatigued muscles. Perfect for muscular aches and pains or post work out recovery to

Airin's Signature Massage 45 \$180 1h 15min \$245

Focusing on areas of pain and inflammation, this therapy is effective for water retention, sports injuries, muscular and nerve pain, soft tissue inflammation and joint problems. This program concludes with a tension-relieving Blissful Marma massage.

Modern Day Spa Signature Massage 1h 30min \$275

Our signature massage is deeply relaxing. We use organic soothing essential oil & ancient healing techniques to relieve tensions that helps calming the nervous system, melt away tension & stress, and restore inner balance.

Pregnancy Massage 1h 15min \$220

Pregnancy massage is a wonderful way to relax and de-stress during your pregnancy. At Modern Day Spa, our therapists are specially trained in prenatal massage techniques that will help relieve tension headaches, sciatica pain, swollen feet and ankles.

Aromatherapy Massage 1h 15min \$220

The aromatherapy massage at Modern Day Spa is a luxurious experience that will leave you feeling relaxed and refreshed. Your massage therapist will use ancient healing techniques and essential oils to promote healing and well-being, and the aromatherapy will help to improve your circulation and relieve stress.

PACKAGES

Executive Double Bliss 2h \$315

This combination treatment provides deep cleansing and gentle exfoliation on your skin, combined with a massage emphasising on your back, neck and shoulder areas, finished with a soothing anti-aging gold mask facial designed to eliminate premature skin damage.

Special Occasion Rejuvenation for Her 5h \$800

The Special Occasion Rejuvenation package for her is the perfect way to celebrate a special occasion. Let us pamper you with our complete spa experience; including a blissful facial, soothing body scrub and wrap, relaxing massage, revitalising shower and gorgeous hair & makeup. An unforgettable indulgence!

Double your pampering pleasure by inviting a friend to join you in your post-spa bliss, or keep it all to yourself as you relax in the comfort of our private, secluded restoration area after your treatment, and indulge with a complimentary bottle of champagne and refreshments to help you celebrate in style.

Artistic Desire Experience for Him 2h \$600

Allow our experienced head therapist and founder of Modern Day Spa, Airin, to unleash her feminine holistic experience, strength and skills to unwind your hard working muscles, in tandem with one of our senior therapists.

During a four-hand massage, two therapists work together to give you a deeply relaxing and rejuvenating experience. They use a variety of techniques, including Swedish massage, deep tissue massage, and aromatherapy, to help you achieve a state of complete relaxation.

